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Resources
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*O4- A1 – Learning scenarios –
Partner 1- LBU*

EU-StORe

Research paper

Developing EU-Store Learning Scenarios with OER

Partner 1- Lucian Blaga University

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Titel of the task: Developing EU-Store Learning Scenarios with OER

Activit Code: O4-A1

Partner: Partner 1- Lucian Blaga University

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Developing EU-Store Learning Scenarios with OER

Title of the learning scenario Personality	Target group: Students from 10th class	Time frame of the learning scenario: - 90 minutes
Short description of the learning scenario	Elevii vor invata despre personalitate, despre imaginea de sine si consecintele acesteia. De asemenea, elevii vor afla cum se manifesta si ce consecinte are o imagine de sine negativa. Pe baza datelor anterioare elevii vor constientiza cum actioneaza oamenii cu stima de sine scazuta si ridicata	Outcomes of the learning scenarios: -knowledge about the terms: personality, self-respect, esteem, -to identify the defining elements of their own personality -development of the self-awareness capacity -development of a positive attitude towards self -
Short description of the OER	The OER consist in following activites like: 1. Worksheet about self-image 2. To fill in the worksheet 3. To solve the exercise about self image 4. To know how to rebuild the self image	URL of the OER: http://www.didactic.ro/materiale-didactice/stima-de-sine-increderea-in-sine-acceptarea-de-sine-2
		Author of the OER: Prof. psih. Maricica Botescu
		Creation date: 5 iulie 2012
		Time frame of the OER: - 50 minutes
		Other information:
Structure of the learning scenario with OER		Methods, use of media and didactical design
Introduction	The OER present in the first step the question: How do I see myself? Fill in the worksheet 1	The conversation, the exposure Individually, students fill in the worksheet 1
Main Part	The students must think of some features which briefly describes them, in each of the 4 categories from the worksheets 2 This exercise about the image of himself is designed to helps students to develop an image of himself correct and accurate, with a clear	Worksheet 2 Reflection about personality, social relationship, physical aspect, day-by-day routine Students must fill in the worksheet as precisely as they can.

	<p>view on strengths and an awareness of the areas which students want to fill in or to have them developed</p> <p>The next example is a practice of the image of himself completed by a person with low self-esteem, and then reattached, as a result of a training to be carried out for he recognized and evoke certain forces forgotten or overlooked. Worksheet 3</p>	<p>At the end of the activity some of the students present their characteristics of personality in front of the other students.</p> <p>It is exposed in front of the students the personality of an individual with a low self-esteem and they are required to find ways to increase it like in worksheet 3. Working in pairs students find proposal to increase the self-esteem and then note all this proposals on a sheet of flipchart.</p>
Last Part	<p>The last part of the lesson is dedicated for the conclusions regarding the consequences of the positive and negative self image and how to improve it. Lesson evaluation worksheet 4</p>	<p>Working in pairs/teams, students will find the consequences of the positive/negative self image. They will present the answers in front of the classroom</p> <p>Each student will stick a post-it in the form of Leaf : on the branches if he liked the lesson or Next to the root of the tree if he didn't liked the lesson.</p>
Reflection of the learners	<ul style="list-style-type: none"> - Why is self-esteem important for people? - Which are the ways to improve it? - Which are the consequences of the negative self image? - How can I increase my self image and self-esteem? 	

Worksheet 1

Think about your person, and write below a series of attributes which best describe you, as example: kindly, sensitive, organized, chaff

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Worksheet 2

Reflection about personality, social relationship, physical aspect, day-by-day routine

Exercise about self			
Personality			
Social Relationship			
Physical Aspect			
Day-by-day Routine			

Worksheet 3

	Example of self image when self – esteem is lowered	The refurbishment of the image of himself	Example of the recast image of himself
Personality	I'm friendly	Sustain with confidence the forces which you recognize already! They are real and are valid.	I'm friendly, warm, careful about compared to the others
	I need the other approval		I shall take into account the opinions of the others, but I must believe in my abilities
	I'm anxious in new situations		I'm relaxed in familiar situations, as well as with the people which I know them.
	I tend to load me with the other`s problems		I'm a support for the others, but I must establishes the limits.
Relationships with others	I feel uncomfortable in large groups.	Look at a weak point from the perspective of the opposite side. Recognizes the hidden or overlooked talents	I feel comfortable in small groups
	I'm helpful		I offer my mates help , I'm a good neighbor.
	I avoid conflicts		I am a good negotiator. I must learn to talk about conflicts in an asertiv way.
	avoid conflicts		I must learn to be asertiv and to express my feelings .
Day-by-day routine	I'm conscientious	Notice specific circumstances in which a weakness is expected. There is a chance that they will not occur in any situation, all the time	
	I'm restless		I'm worry when someone close to me is ill.
	I'm meaningless		I am not a leader, but I have a valuable contribution
	I'm disorganized under stress		I'm organized, when I have breaks of stress.
Physical aspect	I have brown hair and brown eyes	Waive the trial. Limited painful words such as ugly, stupid, lazily, useless.	I have brown hair and eyes
	I'm too short		I hav 1,52 m.
	I have an ugly and crooked nose.		I have a distinguished nose.
	I must become loo		I have 72 kg

Worksheet 4

Each student will stick a post-it in the form of Leaf : on the branches if he liked the lesson or
Next to the root of the tree if he didn't liked the lesson.

